

Panel 1: Immediate Crisis and Shelter/Care Needs

- **Evadne Wright: Salvation Army**
 - Food Pantry/Food Drive Nov. 16th
 - Supports families for Thanksgiving and Christmas
 - Community Meal at ANB Hall for Thanksgiving
 - Keeps pantry stocked for the year
 - Has seen an increase of grandparents coming in for food for their grandchildren
 - Monday through Friday “soup kitchen” – cooked meal
 - 11:30 am-12:30 pm
 - May be only time to interact with someone who will listen
 - Assisted 101 meals in one week
 - Food assistance, clothing
 - Are receiving good donations
 - Never say no to a donation
 - Network with other agencies to meet the needs of the client
- **Sarah Bell: Kattleson Memorial Library**
 - Library service, privacy – they don't identify patrons as homeless or not homeless
 - Online access at library provides resources to find jobs, homes, childcare
 - Idea that everyone has internet access, but really not the case-library provides free internet access
 - Library cards given for SAFV and Youth Advocates with discretion
 - All services offered to the public is also offered to all the homeless
- **Amy Zanuzoski: Sitka Counseling**
 - Emergency services for those in crisis, at harm for self or others
 - Offer apartments
 - Section 8 11 housing
 - Community behavioral health agency
 - Mary's Place
 - Live there
 - Opened in July
 - 6 beds available for women and 6 beds for men
 - “Halfway house”
 - Supportive parenting classes
 - Active Parenting Now
 - Outpatient in Yakutat
 - Working with SAFV
 - 10 counseling sessions for those staying in the shelter
 - Counsel of Domestic Violence and Sexual Assault
- **Vicki D'Amico: Sitkan's Against Family Violence (SAFV)**
 - 25 bed emergency domestic violence and sexual assault shelter
 - Services to men, but cannot have them stay at the shelter
 - Immediate safety first, crisis intervention, advocacy
 - Prevention Program to change the norms to create a non-violent community
 - Need perishable food items
 - Anyone can stay at the shelter
 - People now coming in with impacting trauma
 - Trauma inform services

- 10 free sessions
- Mental health clinicians
- Receiving a break and someone to talk to
- 3580 bed nights
- Trauma and sexual violence is mission, but homeless are welcome, especially if children are involved
- Under some conditions, some homeless need to be sent away
- Families come, mother and children can stay at shelter, but father are unable to stay at the shelter - sometimes can provide camping gear and blankets
- Empowering choice - housing referral to Alaska Housing from SAFV
- Working with STA with Transitional Housing Program
- **Brian Massey: Alaska Housing**
 - 6 housing programs
 - Paxton Manor - Income limit
 - Swan Lake Terrace - 62 or disabled
 - Housing choice Vouchers
 - Empowering Choice - referral from SAFV
 - TBRA - Department of Corrections
 - TBRA-Youth
 - Foster Care
 - OCS
 - Sitka Counseling
 - Housing First Model
 - Housing with no requirement of sobriety
 - Have a location for agencies to help them
 - Decrease in emergency room and police visits
 - Ran out of funds
- **Chief Schmitt: Sitka Police Department**
 - Able to refer people to services, can help homeless with alcohol or drug issues
 - Service of last resort
 - Chronic homeless with another issue, mental health or other
 - Take them in for 12 hours, when not able to care for themselves
 - Typically released when sober the next day
 - Work with other agencies in town to provide the best services
- **Nancy Jo Bleier: St. Peter's Episcopal Church**
 - Church has become a crisis center for people
 - Jericho Road Fund offers financial support for a bed for the night
 - Church is locked at night for the protection of the building
 - "Town needs a safe homeless shelter; need a detox center in the community"
- If shelters cannot house those seeking shelter, they will try to find supplies and resources for them
- Those intoxicated will receive some services but for the safety of themselves and others, this remains a virtually unmet need

Panel 2: Intermediate and Longer Term Solutions

- **Fran Schwochow: Labor and Workforce Development**
 - Individualized services—job applications, resume, career support training services, GED/ESL tutors, internet and phone access, interview practice, "Workplace Alaska", Career Readiness Certificate help, etc.

- Vocational Counseling- help with self-directed searches, information goes to career counselor in Juneau who helps much of Southeast Alaska
- Veteran's representatives - can match up with ones in Juneau
- Fidelity Bonding - a state funded program to benefit the employers of people that fall under categories (ex-offender, ex-addict, economically disadvantaged, dishonorably discharged)
- **Glade Morales: Sitka Tribe of Alaska (STA) Social Services Department**
 - Transitional Housing Program
 - Still getting up and running. They have established policies and procedures, but government shutdown has put a hold on it
 - Individuals do not have to be a tribal citizen to qualify
 - Based on building a safety plan
 - It is a scattered service area
 - A voucher that is based on the person, rather than the housing
 - General assistance, childcare assistance, emergency assistance program
 - BIA funds general assistance (utilities included), and clients follow individualized plan
 - Childcare
 - Emergency Assistance Program—can only get once a year, only for tribal citizens who are a resident of Sitka for 6 months, and must go to food, shelter, clothing, or utilities
 - Offer uncooked food assistance to families in need (commonly fish) that is distributed pending an order (elders, children, then adults)
 - Anchorage food bank—working with them for better food distribution
 - Scholarship Programs
 - Higher Ed- eligible once a year, only tribal citizens
 - School aged kids—up to \$250 per year—sports, music, school supplies
 - Application process open to all tribal citizens
 - Work to keep families together
 - Emphasize prevention
 - Desire to help families before state needs to step in to take kids away
- **Dave Nuetzel: Southeast Alaska Independent Living (SAIL)**
 - Aging and disability resource center
 - Grant funded, don't fund for any services
 - Fill in gaps of agencies or connect to other agencies
 - Situations where people with disabilities have had trouble filling out paper work or complicated processes, SAIL helps through those situations
 - Loan closet: help with adaptive equipment that make housing accessible or allow disabled/ seniors to get out of the house
 - Disabilities aren't always obvious - it includes people that may have social anxiety that is limiting to community involvement
 - Consumers can come to office or SAIL staff can do home visits
- **Annette Becker: Youth Advocates of Sitka (YAS)**
 - Serves youth ages 5-21
 - Family Resource Center (drop-in center)
 - 805 Lincoln Street
 - Drop-in center for youth (ages 14-21)
 - Prevention work but also aim to be a safe place for youth to spend time
 - Open from 8am-7pm, students can access it for what they need
 - Some youth are homeless and seeking advice/advocates, some come before or after school for meals, working on independent living skills like cooking
 - Focused on community outreach activities that connects youth to other resources in Sitka

- Average of 50 youth that access resource center each month
- Evening groups:
 - Monday is ukulele lessons, Tues: “Pizza, pop, and paint”, Thurs: “Movie night”, Fri: “Cooking night” (individuals take lead and learn budgeting and cooking)
 - They help build healthy and safe connections
 - Focus on relationship building to help youth set and reach goals
- Transitional Living Program
 - 5 year transitional program for homeless youth or those at risk of becoming homeless
 - “Host Home Model”: included families willing to work with homeless youth
 - Highly successful model, grant has ended but looking for ways to support program within Sitka community
 - Daily stipend for host parents helps attract larger diversity of homes (independent apartments, homes)
 - Provided a lot of training and support for families, on-call numbers, on-going trainings, intentional about matching youth and families
 - 5 year grant was \$200,000 per year
 - Stipend was \$30 per day
 - Average stay was 7 months

Panel 3: Healthcare, Counseling, and Nutritional Needs

- **Sarah Ferrency: Pacific High School (PHS)**
 - Close to 50% of PHS students were homeless last year
 - Challenges facing students, health challenges
 - Behavioral health approaches
 - Statewide push to face the needs
 - Improving programming in physical, mental, and health choice behaviors
 - Nutritional needs
 - Clear link between good nutrition and educational achievement
 - School Lunch program
 - Students cook lunches for each other
 - Vocational Skill
 - Learn how to cook
 - Visit gardens to see where food comes from—make the connection
 - Explain nutritional facts to students to help them better understand why they should eat healthy
 - VISTA Volunteer
 - Take program and package it to make it easier to replicate the program
 - Hope to lower the barrier for other schools to offer a program similar to their school lunch program
 - Summer food service program – in process
 - Any student in town can get a free lunch if 50% or more apply for free and reduce lunch
 - Envisioned to be a youth employment program
 - Build resume, skills
 - Have income for summer
- **Ellen Daly: Sitka Public Health**
 - Last few years, they have been charging for services on a sliding fee scale, those who cannot pay are provided service – they are there for the people who cannot get services else where
 - Children Immunizations
 - Lowest in nation

- Push to get number higher for whole public health piece
- Open for conversations if questions arise on immunizations
- Encourage children to get immunizations
- STD Screening
 - Highest in nation for rates of Chlamydia
 - See people of varying ages
- Family Planning Services
- Give a call to see where one might fit on sliding fee scale
- Working with Emergency Planning Commission
- Working with Sitka Health Summit
- Quilt project
- Have people become aware they are available for services
- TB Screenings
 - Have treatment available for latent TB—for people who have been exposed
 - Haven't had active TB in Sitka in a while
 - When people immigrate into the country, paperwork is given from Anchorage
 - Typically immigrants, some travelers
- Project Homeless Connect coming up in January
- **Susan Hoyt: Sitka Community Hospital - Nutritional Services**
 - Diabetes Educational Program
 - Accredited by American Diabetes Association
 - Referred by physician
 - Newly diagnosed
 - Need improvement in management skills
 - 10-hours of education and 2-hours of follow-up
 - Diabetes Advisory Board has a community member living with diabetes on the Board
 - Provide ongoing support
 - Measure effectiveness of program
 - Small scholarship fund for those who are self-pay
 - Medical Nutrition Therapy
 - Work with those who have limited resources
 - Assess food resources and cooking facilities
 - Receive doctor referrals for outpatient
 - Eating smarter, caring for aging parent, teen nutrition
- **Cliff Tincher: Sitka Community Hospital - Social Work**
 - Medical Case Management
 - Resourcing for not readily available equipment
 - Case management
 - Supportive Counseling
 - Pain clinic
 - Questions about how to get medical care without insurance
 - "Enroll Alaska"
 - Plan to meet with people to find what the best option and get people what they need
 - Possibly next Wednesday, look in newspaper and radio
 - Cost: \$400/month for an individual (before federal subsidies)
 - Mid-range program
 - Silver, Bronze, or Gold
 - Variety of plans
 - Associated with North Rim bank, and ANTHC, United Way

- Goal – Bring Enroll Alaska people to where the people are - bring them to familiar places (Pacific High, Library, other places in community)
 - Walk in, or can schedule an appointment by calling Cliff
 - “Social Work Open House”
- Barriers to Getting Medical Care - not having medical insurance and going to unfamiliar places

Discussion about Future Directions:

- **Accomplishments, Challenges, and Changes since the 2012 Summit**
 - Sequestration and lack of funds
 - Accomplishment that amidst fiscal hardships, we have so many agencies surviving
 - What impact will the government shutdown have on Sitka and our social services? Will hit our schools and students?
 - Changes: The Affordable Care Act - how can we as organizations support that?
 - Those involved in health care- concerns that the affordable care act won't go far enough to take care of the problem
 - Easter Group submitted a SHIFT grant proposal for emergency shelter and transitional housing; however, who could manage an emergency shelter in Sitka? Easter Group is advocate, but who would be suited to run it?
 - Important to consider Maslow's hierarchy of needs—meeting basic needs and expanding
 - Unmet need of detox program - Jericho Road used to meet that need, but no longer running
 - We need an emergency men's shelter
 - Comments on Jericho Road
 - Concern about accepting that program in one's neighborhood - if there are behavior or safety issues, where would an appropriate location for a program like Jericho Road be located?
 - Brings up question of how we care for long-term inebriant population - many things to consider, but most important thing was get emergency shelter
 - Health Summit Goals
 - Food Bank
 - Meeting basic needs
 - Long-term emergency planning for natural disasters
 - Educational needs
 - Sitka Food Assessment: we now know what needs are but how can we meet those needs? We may not have fully solved these problems, but more thinking is being done.
- **Follow-up Actions that are needed?**
 - Attendance at strategic planning meeting (early next year)
 - Agencies to work together to see what each one can bring with them to the table
 - Come to strategic planning meeting with one thing in mind that they may be able to add or contribute
 - Importance in harnessing existing resources
 - There may be certain populations where host homes could be utilized - it has worked well with youth, possibly a similar model for homeless individuals, as it caters to what humans need—relationships and a safe place to be
- Accomplishment with Sitka Community Development Corporation (SCDC)
 - Received consultant from Community Land Trust Corporation
 - Looking to acquire land in spring 2014
- Model of communal living
 - Moms taking turns running daycare while others get business done
 - Positive peer accountability program